



The MESSENGER

Memorial United Methodist Church
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March 2019

Pastor's Pondering

Journey Into New Life

Lent 2019

Lament! Simply reading that word can cause one to stop reading. But please keep reading! A definition for **lament** is to feel, show, or express grief, sorrow, or regret. In the Scriptures we find people like Job, Jeremiah, David, and Jesus giving a voice to their experience of suffering. This is what it means to **lament**.

During Lent our worship focus is on **Lament**. What is **lament**? What is the relationship between suffering and **lament**? Where is God when we **lament**? How do **lament**, healing, and new life in God fit together. What does it mean to be a friend to someone who is **lamenting**?

This may initially sound like a depressing focus, but the very nature of God is love. **Lament** opens our lives up to God's love. **Lament** creates spaces where God's healing light and liberating love can enter our souls.

We are journeying through the book of Job. It is a long book. For many, trying to read through Job from front to back is too much. Therefore, in this Newsletter and in our bulletin the specific sections of Job for each Sunday of Lent along with daily segments are provided to help you stay connected with the narrative of the story. Follow each reading by engaging in the **Daily Reflections on Scripture** listed below the reading schedule.

As you **Journey Into New Life** this Lent, intentionally spend time with this question: **What suffering (pain, broken-ness, loss, etc.) in your life needs to be given a voice?** The point is to give voice to God of your experience of suffering. Open those dead, dark places within you up to the resurrecting power of the Risen Jesus Christ so that you will experience **New Life**. As you consider this question, keep three things in mind. First, what does the longing for God's presence feel like in your life. Next, remember God's faithfulness by asking "*What has God done in my life that is worth remembering?*" Finally, think about what you know to be true of God's character*.

Grace,
Pastor Tim

* From *A Sacred Sorrow* by Michael Card [NavPress, 2005]

Lent 2019: Journey Into New Life

<u>Daily Readings</u>					<u>Sunday Worship</u>
Mon	Tues	Wed	Thur	Fri	
Mar 4 Proverbs 1:7 Proverbs 9:12 Job 1:13-19	5 Proverbs 10:22 Proverbs 10:27-32 Psalm 22	6 Proverbs 14:26-27 Job 2:7-10 Psalm 140	7 John 9:1-3 Psalm 137	8 Job 1:13-19 Job 2:7-10 Psalm 141	10 John 9:1-3 Job 1:13-19 Job 2:7-10
11 Psalm 13 Job 3	12 Psalm 88 Lamentations 1	13 Psalm 104 Matthew 4:1-11	14 Job 1:1-12 Psalm 8	15 Job 3 Psalm 143	17 Matt 4:1-11 Job 1:1-12 Job 3:1-26
18 Job 2 Job 30v29 Psalm 5	19 Job 3 Psalm 104	20 Job 4 Mark 9:30-33 Psalm 6	21 Job 5 Job 30:29 Psalm 7	22 Job 6 Job 30:29 Psalm 55	24 Mark 9:30-35 Job 2:11-13, Job 6:13-30 Job 30:29
25 Job 15 Psalm 12	26 Job 16 Psalm 14	27 Job 17 Matt 8:23-27 Psalm 15	28 Job 18 Psalm 17	29 Job 19 Psalm 126	31 Psalm 126 Matt 8:23-27 Job 19
April 1 Job 29 Psalm 35	2 Matt 26:36-56 Psalm 38	3 Job 29 Psalm 39	4 Job 30 Psalm 42	5 Job 31 Psalm 44	7 Matt 26:36-56 Job 29-31
8 Job 32 Psalm 51	9 Job 33 Psalm 56	10 Matt 27:11-52 Psalm 64	11 Job 36 Psalm 70	12 Job 37 Psalm 88	14 Matt 27:11-52 Job 32-37
15 Job 38 Psalm 25	16 Job 39 Psalm 26	17 Job 40 Psalm 28	18 Job 41 Psalm 22	19 Job 42 Matt 28:1-10 Psalm 31	21 Job 38:1-7 Job 41:1-3 Job 42:1-11 Matt 28:1-10

Daily reflection on Scripture

- What stood out for you in the reading?
- Was *Lament* evident in the reading? If so, how?
- What were you feeling while you were reading?
- Spend quiet time alone with God, reflecting on what you have just read.
 - How is God speaking to you through the Scripture?

We live to proclaim the love of Jesus

The **Ash Wednesday service** is Mar 6 at 7PM.

Lenten Food Drive

It's time to give it up. Lent is coming. It begins March 6th and runs until Easter (Apr. 21). We give up things for Lent, but how can this help those who don't have much to give up? The Missions Committee has named the 6 Sundays in Lent and encourages you to donate some of the things you have given up to those who are in need of it. You can donate anything including money, and we will see to it that those in need get it. Watch for the shopping cart and place your items in it.

SUNDAY

1. March 10th – Snack Sunday – nuts, apples, fruit, cheese sticks, juice boxes, granola bars etc.
2. March 17th – Sandwich Sunday - all fixings for a sandwich – PB and J, tuna etc
3. March 24th - Spaghetti Sunday – sauce, pasta, bread sticks, alfredo sauce, etc.
4. March 31 - Soup Sunday – Soup, crackers, potatoes, etc.
5. April 7th - Cereal Sunday – All types of cereal and breakfast foods.
6. April 14th – Casserole Sunday – Fixings for a casserole

Sunday Morning

- 8:30 First service
- 9:30 Sunday School
- 10:30 Second service – includes a staffed nursery



Communion is celebrated the first Sunday of the month at both services.

Office hours :

Church office: Monday - Thursday 9:00 - 2:00
Pastor: M 12:00 – 4:00 and T, W, R 10:00 - 2:00
Feel free to drop in at these times. Other times are available by appointment.
Please call the church during office hours or leave a message on the answering machine with information regarding the names of individuals who need to be on the church prayer list or need a pastoral visit.

Lenten Soup Suppers 6:00 and Special Speakers 6:30 TUESDAYS

- 3/12 Tammy Rosa UPCAP speaking on the needs & available services for older UP adults & caregivers
- 3/19 Erik Barnhart MSW OSF Hospice grief counselor
- 3/26 Terri Branstrom Big Brothers Big Sisters
- 4/2 Doug Leisenring Delta-Schoolcraft ISD Supt speaking Mental Health Task Force
- 4/9 David Williams Pres. & CEO UP State Bank Elder Financial Abuse
- 4/16 Bill Raymond CEO MI Works! UPWARD Talent Council

We are looking for people to cook the Tuesday Lenten Suppers. A simple soup supper is what we have in mind (soup, rolls or crackers, dessert). Reimbursement money is available. Please see the sign-up sheet by the bulletin board in the narthex.

Lent Bible Study

Thursdays March 7 – April 11 11:30am-1pm.
Pastor Tim will be leading a study on the Book of Job that follows along with our Lent worship series: *Journey Into New Life*. The assigned readings will be selected sections of the Book of Job along with some other related Scriptures. Each class will be applying the Scripture to our everyday lives in an open discussion format. Everyone is welcome.

Membership Exploration Class

Are you interested in becoming a member of Memorial United Methodist Church? I will be leading a Membership Exploration class for those beyond high school age to explore what membership means. This class is required to become a member. Feel free to attend, even if you are not sure. Attendance does NOT require that you become a member. If you are interested, please check the box in the Attendance Pad or contact the church office at (906) 428-9311 or mumc@glastonechurch.org indicating you want to attend the class. The exact date and time of our class will be based on the needs of those attending. Pastor Tim

ARE YOU COLD?

Imagine not having a place to go during this long cold winter. Well we have a solution called Hope At The Inn, a group of volunteer churches that provide a warm place and a hot meal for those who don't have a place to go. **H.A.T.I.** comes to Memorial on March 24th for 1 week. Now's your chance to help out, volunteer for a shift, cook a meal or just provide prayers and moral support. Sign up early as Sue Lagina gets very nervous when we have not filled all the slots. Cut down on her anxiety by signing up early. For more info see Sue Lagina or Ray Young to help with this important ministry.

Missing: a black C.D. case filled with C.D.s that the Quilters listen to. It was probably in the kitchen, gym, or room 8. If you have seen it, please tell Lisa.

Youth Events

On Saturday, March 30, the Youth will make pizzas to sell the following day after worship. They will be taking orders on Mar. 17 and 24. They will also make a few extra pizzas to serve Hope at the Inn on Mar. 30.

“Youth Vision” **every Sunday 9:30AM** Eat cereal & milk, watch a thought-provoking video, and discuss. Other times we act out a Bible story for the elementary Sunday school class.

“Movie Night” the **3rd Saturday of the month 6PM** features a teen movie in the youth room and a kid movie in the gym (in case you have little siblings or cousins). Free theater-style popcorn & beverages!

“Youth Sunday” the **3rd Sunday of the month** – Be a liturgist, reader, usher or greeter at the 10:30 service.

The *Youth 2019* event in Kansas City is July 10-14.

“Mission of Hope” – This mega-outreach to people in Delta County who are poor, lonely, or downtrodden is all day Aug. 24. Many area churches are already on board with planning this. That same evening the Christian Band “Newsboys” will be performing.

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Metal Recycling: Start saving your metal.

Jim Stammer contacted A & L Scrap about having a dumpster short-term where people can bring in scrap metal that we can then get money for. Jim recommended that we do this in the spring when people are doing clean-up. They will accept all types of metals including washed, crushed cans and even strings of Christmas lights.

Rummage Sale May 3-4 ← Save the date.
When you do spring cleaning, save your stuff!

Pickleball games have begun in the gym. Call the church office to schedule a time. There is no official charge, but there is a freewill donation jar.

Prayer List

Steve & Becky Dotzler and his mother
Caregivers, esp. those caring for family
Rebecca Benson, Josiah, Sarah, David Pryor
Mason Robitaille and mom Bailey
Evelyn Anderson's grandson
Larry Kirschner
Jean Lancour
Lettie Houghton
Judy Possi
Allie
Julie Backlund
Barb
Bryan Blixt and family
Chloe Borish
Tom Butch
Mary Cheyne
Joan Cook
Chris & Kim Diamond
John Hansen
Walt and Lettie Houghton
Callan Hughes
Chris Jensen
Karen Johnson
Diamond and Peggy Kemner
Krista
Marcy Makosky
Rebecca Marchak
David Martin's family
Karen Owens
Bev Regts
Christine Stephens
Dorothy Wagner
Marianne Watson Milkowski
Tom Watson of Seattle
Anne Bartkus
Arlene Bloomquist
Wayne Waeghe
Sally Brainard
Kristee Arndt
Bud Baltic
Donna Becker
Shelby Jean Boris
Jim & Lois Boydston
Nancy Campbell
Ginger Clairmont
Dan
John Gudwer
Caroline Hart
Mary Ann Heubler
Alice Jensen
Tom Jensen
Katy and Brian
Krissy
Deb LaPorte
John Marchak
Billie Marmalick
Larry Martin
Gary Quick
Tammy Reser
Anna Vanderwal
Kenny Wilson
Ethan Winling

Sunday Morning Volunteers

Children's Sunday School teacher and assistant:

Mar. 3 Tracy Jensen
Mar. 10 _____
Mar. 17 _____
Mar. 24 _____
Mar. 31 _____

Acolytes: Maggie and Camryn Buckley

Altar Guild: Val Johnson and Tracy Jensen

Coffee:

Mar. 10 _____
Mar. 17 _____
Mar. 24 _____
Mar. 31 Val Johnson

Communion Servers:

John Ettenhofer, Melissa Livingston, Allie Livingston

Counters:

Mar. 3 Laurie Kaufman de la Garza and Susan Lagina
Mar. 10 Nancy Peterson and Susan Lagina
Mar. 17 Laurie Kaufman de la Garza and Sharon Block
Mar. 24 Nancy Peterson and Allison Desotelle
Mar. 31 Nancy Peterson and Allison Desotelle

8:30 Greeters:

Mar. 3 Pam Thorbahn
Mar. 10 Al and Chris Jensen
Mar. 17 _____
Mar. 24 _____
Mar. 31 _____

10:30 Greeters:

Mar. 3 Nault family
Mar. 10 Sue Cole
Mar. 17 youth
Mar. 24 _____
Mar. 31 _____

Liturgists:

Mar. 3 Paula Wright
Mar. 10 _____
Mar. 17 youth
Mar. 24 _____
Mar. 31 _____

Muffins:

Mar. 10 Carol Borden
Mar. 17 Nancy Campbell
Mar. 24 Diane Bishop
Mar. 31 Val Johnson

Pianists at 8:30

Mar. 3 Kathy Young
Mar. 10 Kathy Young
Mar. 17 Deborah Hubbard
Mar. 24 Lisa Myers
Mar. 31 Kathy Young

Readers:

Mar. 3 Leslie Nault
Mar. 10 Kole Desotelle
Mar. 17 youth
Mar. 24 Wilma Vanderdonck
Mar. 31 Willy Mannisto

Ushers:

Mar. 3, 10, 17, 24 Dave and Carol Borden
Mar. 31 _____

Reminder from the Finance Committee

People have another method to give to the church. An I-pad is set up at the back of the church, and people can use their debit or credit card for regular offering or any special offering including building fund. If you are trying to increase your airline miles, or whatever other perk your credit card offers, take advantage of this opportunity. We encourage people to use this method only if your total amount is \$10 or more. There is no cost to you. An instruction sheet is near the I-pad; it is simple to use. There are many times – especially for special offerings -- that we do not have the cash on us, and this gives an opportunity to take part by using your card. The I-pad is also available during office hours.

Update on Finances

All expenses and payroll, except the apportionment, have been paid for the month of January. Offerings received were short of the amount pledged, but as we all know, there were a couple of Sundays where weather played a factor. March 5th our property and building insurance is due; this is \$3,000. Keeping your pledge up-to-date is important as at this time of the year; there are higher utilities and snowplowing to pay. Thank you. ~Virginia Petersen

Dear Gladstone Memorial UMC,

We want you to know that your Mission and Ministry gift to God's Country Cooperative Parish is Appreciated. Our ability to help more and more people in need and to spread God's word and kindness to them is increased by your gift. Thank you again.

Sincerely,

God's Country Cooperative Parish

Creative Cards have been designed by the Knitting Group for sale for \$2 each. Please check them out in the narthex, by the bulletin board.



-- Birthdays --

- | | |
|-----------------------|-------------------------|
| 3/1 Mike Damitz | 3/18 Angela Roy |
| Jessica Stock | 3/20 Jason Viau |
| 3/2 John Gudwer | 3/21 Steven Block |
| Beverly Plowman | David Maskart |
| 3/3 Kristine Jensen | 3/22 Alice Barnhart |
| 3/7 Diane Bishop | Devin Messina |
| 3/8 Betty Lyberg | 3/24 Bryan Blixt |
| Jonathan Mattonen | Mackenzie Meyer |
| Justin Mattonen | 3/25 Chris LaMarche |
| 3/9 Dylan Messina | Doris Lessard |
| Ashley Thomas | Teresa Myers |
| 3/10 Alice Butch | Kaleb Warm |
| Joan Cook | Millie Young |
| 3/11 Sadie LaLonde | 3/26 Frank Landenberger |
| 3/12 Maggie Buckley | 3/27 Sara Goodman |
| 3/15 John Gilbert | 3/29 Lorna Benson |
| Jan Goodman | 3/30 Cheryl LaCarte |
| Tyler LaFond | Jeannie Ryan |
| 3/16 Nicole Bratonia | Jeffery Tryan |
| Lois Johnson | 3/31 Alex Chenier, Jr. |
| 3/17 Dorothy McIntyre | Michael Keeker, Jr. |

The Altar Guild needs two more people for 2019. Volunteers serve with two other people to cover two months of the year. Please talk to Berta Johnson if interested 428-2241 or 280-3250.

Conversation on Grief and Loss

We suffer many losses through our lifetime; loss of loved ones, job loss, divorce, etc. Coping with grief and mourning loss can be very difficult, but we need to grieve in order to heal. Understanding the normal grief process helps you understand your thoughts and feelings when grieving.

Sunday, March 10, 1:00 – 2:30 at OSF St. Francis Hospital, Room A & B (second floor near cafeteria)

Lenten Breakfast and Musical Program

at Immanuel Lutheran Church in Escanaba
Saturday, March 2

Breakfast: 9:15 Program 10:00

Featuring: *The Gracenotes* and guest soloists.

A portion of the freewill offering will go toward the community-wide Mission of Hope event on Aug. 24. R.S.V.P. by Feb. 23 to 786-6771 or 233-1857.

CPR Certification

Connie Nault, a CPR instructor, will be teaching CPR here at Memorial at 9am on Saturday, April 13. The cost is only \$35 and, upon completion, you will be certified. Please call Memorial 428-9311 by Mar. 18 if interested.

You are invited . . .

Our own Nadine Waeghe (Pat and Al Waeghe's daughter) will be home from California and they are inviting you to attend a presentation by her **at MUMC. On Saturday, March 16**, at both **10:00 AM and again at 1:00 PM**, Nadine is inviting you to learn how the science of redox signaling molecules can improve your health and create positive momentum in your life.

She will teach us how these tiny molecules protect, rejuvenate, and keep the cells in our body functioning at optimal levels. Using the REDOX supplements has been scientifically proven to help your body recover from injury or illness faster AND enhance cellular function to improve overall body function including **ATHLETIC, ACADEMIC & COGNITIVE PERFORMANCE!**

Several of you in our congregation have already been helped by using the RENU 28 and the ASEA that Nadine will talk about. If you have family members with Parkinson's, Dementia, arthritis, skin issues, allergies, digestive problems, etc. you will learn from her new solutions and opportunities.

Nadine Waeghe, PT, ATC is an Integrative Physiotherapist with 20+ years of experience helping people of all ages and abilities across the US & abroad. She has expertise in functional biomechanics, functional nutrition, sports medicine, and alternative therapies. Nadine owns a private practice clinic outside of San Francisco, CA.

She is also presenting in Escanaba at the Magnuson Grand Pioneer Inn & Suites at 2635 Ludington Street on Thursday, March 14 at 6:30 - 7:30 PM.

Life Line Screening will be at Memorial on

Thursday, March 21, offering five preventive health screenings. Sign up by calling **1-800-640-6307** and receive a \$10 discount off the package or **text** the word **circle** to **797979** or visit Life Line's website at www.lifelinescreening.com/communitycircle

Complete Wellness Package which includes 4 vascular tests and osteoporosis screening for \$149 (\$139 with discount). Speak with the LLSA representative for more package options. All five screenings take 60-90 minutes to complete.

There are two \$55 coupons on the bulletin board.