

# July 2019



Sun	Mon	Tue	Wed	Thu	Fri	Sat
	<i>1</i> 8AM Cardio  4:00 Yoga	<i>2</i>  6:00 TKD 7:00 N.A.	<i>3</i> 8AM Cardio	<i>4</i>	<i>5</i>	<i>6</i>
<i>7</i> 9:30 Worship and Communion	<i>8</i> 8AM Cardio  4:00 Yoga	<i>9</i>  6:00 TKD 7:00 N.A.	<i>10</i> 2:30AM Youth leave for "Youth 2019"  8AM Cardio	<i>11</i>  4:00 Yoga 6:00 TKD	<i>12</i>	<i>13</i>
<i>14</i> 9:30 Worship  8pm Youth return	<i>15</i> 8AM Cardio  4:00 Yoga VBS 5:00 - 8:00	<i>16</i>  VBS 5:00 - 8:00 7:00 N.A.	<i>17</i> 8AM Cardio  VBS 5:00 - 8:00	<i>18</i>  4:00 Yoga VBS 5:00 - 8:00	<i>19</i>  VBS 5:00 - 8:00	<i>20</i>  11 - 3 TKD
<i>21</i> Noisy Offering and Youth Sunday 9:30 Worship 10:40 Potluck to welcome Pastor Cathy Rafferty	<i>22</i> 8AM Cardio  4:00 Yoga 6:00 Finance	<i>23</i>  6:00 Condo Assoc 6:00 TKD 7:00 N.A.	<i>24</i> 8AM Cardio	<i>25</i> Newsletter deadline  4:00 Yoga 6:00 TKD	<i>26</i>	<i>27</i>  10:30 TKD
<i>28</i> "Mission of the Year" offering 9:30 Worship	<i>29</i> 8AM Cardio  4:00 Yoga	<i>30</i>  6:00 TKD 7:00 N.A.	<i>31</i> 8AM Cardio			